

GGAC 5k Time Trial Results

	Sex	6-Oct-07	3-Nov-07	1-Dec-07	5-Jan-08	2-Feb-08	1-Mar-08	5-Apr-08	3-May-08	7-Jun-08	5-Jul-08	2-Aug-08	6-Sep-08	4-Oct-08	1-Nov-08	6-Dec-08	3-Jan-09	7-Mar-09	4-Apr-09	2-May-09	6-Jun-09	4-Jul-09	1-Aug-09	5-Sep-09	3-Oct-09	7-Nov-09	5-Dec-09	2-Jan-10	6-Feb-10	Best	Average	No Runs				
Males	M																																			
Breen, Graham	M													16:16																16:16	16:16	1				
Quinn, Kevin	M																16:18													16:18	16:18	1				
Guyman, Stewart	M																					16:39								16:39	16:39	1				
Kemp, Lee	M					17:28				16:44																				16:44	17:06	2				
Wallis, Ben	M	17:18		17:13		16:51																16:52								16:51	17:04	4				
Pyrah, Jeff	M	16:55																												16:55	16:55	1				
Covington, Neil	M	17:49	17:05	17:10		17:01	17:09	17:09	17:11	17:53		17:45	17:17	17:09	17:25		17:45		17:44	18:00	17:55	17:32	17:53	18:24		18:45	18:28	17:01	17:39	21						
Tennyson, Mark	M	17:03	17:03			17:29																								17:03	17:12	3				
Ashby, Tommy	M																								18:00		17:18			17:18	17:39	2				
Cake, Phil	M							17:21			17:30	17:30		17:23			17:45				17:28	17:28							17:21	17:29	7					
Margetts, Huw	M													17:27	18:25															17:27	17:56	2				
Ward, Andy	M																													17:28	17:28	1				
Evans, Ben	M																						17:38	17:31			17:28		17:31	17:38	3					
Smith Barnister, Scott	M									17:36																				17:36	17:36	1				
West, Chris	M																													17:41	17:49	2				
Crossman, Tim	M			18:17																		17:43								17:43	18:00	2				
Webb, Jason	M																													17:43	17:43	1				
Coetzee, Deon	M															17:48			18:31								17:43			17:48	18:23	3				
Dawson, Fraser	M																													17:55	17:55	1				
Strik, Adam	M		18:35			18:06								18:58					18:02											18:02	18:25	4				
Moran, Jake	M								18:09																						18:09	18:09	1			
Paul, Dominic	M																										18:16	18:13		18:13	18:15	2				
Dama, Sebastian	M				20:33	19:15	18:29	18:14	18:16		18:43																			18:14	19:03	5				
Durrant, Ian	M																18:35													18:16	18:25	2				
Parker, John	M	18:38		19:43				18:16	18:17							19:12	19:22		18:39	18:56	19:05	19:02							18:16	18:59	9					
Notley, Nigel	M							18:17																						18:17	18:17	1				
Goatley, Michael	M												19:07											18:23						18:23	18:45	2				
Woodall, Marc	M	20:23	19:04				18:28					19:34		19:17	19:02		19:13										18:23			18:23	19:11	8				
Eakins, Andy	M						19:13							18:26																18:26	18:49	2				
P, Stevie	M									18:26																				18:26	18:26	1				
Wright, Pat	M																					18:32								18:32	18:32	1				
Rush, Kris	M																													18:33	18:49	2				
Myring, Rob	M																18:33	19:05												18:39	19:24	11				
Ratzer, Sam	M											21:04				20:35					18:55	18:54	18:42	18:45	18:38	19:12	19:49	19:27	19:18	18:39	19:39	1				
??	M																														18:39	18:39	1			
Stephens, Paul	M																	18:40												29:33	18:40		28:38	18:40	25:37	3
Mann, Julian	M													19:31						18:45										18:40	18:40	1				
Bateson, John	M																													18:45	19:08	2				
Johnson, Lee	M				18:46																									18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																													18:46	18:46	1				
Johnson, Lee	M																																			

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Nichols, Ed	M																									23:15			23:15	23:15	1		
Boughton, Andy	M													23:20																23:20	23:20	1	
Hartman, Richard	M			23:20	24:44																									23:20	24:02	2	
Hutchings, Michael	M												24:30	23:20																23:20	23:55	2	
Matthews, Bertie	M			23:38	24:23	23:20																								23:20	23:47	3	
Warmingham, Gareth	M			23:20																										23:20	23:20	1	
Richards, Joel	M															24:32												23:27		23:27	24:00	2	
Sheridan, David	M				24:57			23:27																						23:27	24:12	2	
O'Grady, Gavin	M				23:54											23:29														23:29	23:42	2	
Blackmore, Oliver	M																23:30													23:30	23:30	1	
Ellis, Max (junior)	M																							25:50		23:30			23:30	24:40	2		
James, Lee	M										24:21						23:30													23:30	23:56	2	
Goater, Mike	M																	24:02		23:33									23:33	23:47	2		
Deavin, Oliver	M															23:37														23:37	23:37	1	
Atkinson, Alastair	M																23:39													23:39	23:39	1	
Perkins, Dominic	M							27:45	24:59	23:58										24:37	23:46	23:39							23:39	24:47	6		
Dunn, Matt	M									24:15				23:46													23:54			23:46	23:58	3	
Campbell, Mark	M			25:05	23:50																									23:50	24:28	2	
Robins, Tim	M																	23:58												23:58	23:58	1	
Melvin, Don	M																													23:59	24:27	2	
Rowe, Richard	M			24:45	23:59			24:07																						23:59	24:17	3	
Powell, Julian	M																											24:27	24:01	24:01	26:14	3	
Morgan, Pete	M																								27:13					24:09	24:09	24:09	1
Raza, Mahboob	M																									24:54	24:27		24:27	24:58	3		
Fairhead, Darryl	M																									24:28			24:28	24:28	1		
Cotton, Michael	M												24:29																24:29	24:29	1		
Cornish, Daniel	M																			24:34									24:34	24:34	1		
Smith, David	M																											24:41		24:41	24:41	1	
Cotton, Robert	M												24:45																	24:45	24:45	1	
Stankovic, M	M																													24:49	24:49	1	
Kun, Douglas	M																			26:13	25:08	25:48	24:49	25:37		25:52	24:51		24:51	24:51	6		
Basson, Stuart	M																													25:02	25:02	1	
Rose, Steve	M																	25:20												25:20	25:20	1	
Potter, Steve	M														25:23															25:23	25:23	1	
Willoughby, Adrian	M																												25:27	25:27	25:27	1	
Male, David	M																													25:28	25:28	25:28	3
Chadwick, Rennie	M												25:30																	25:30	25:30	1	
Butchart, James	M																													25:50	26:01	2	
Rosas, Esteban	M																								26:12		25:50		25:52	25:52	25:52	1	
Grant, Freddy (junior)	M																													25:57	25:57	1	
Wells, Neil	M							26:00		27:07																				26:00	26:33	2	
Emmanuel, Barre	M		26:02																											26:02	26:02	1	
Hobbs, Stephen	M																													26:17	26:17	1	
Watson, Peter	M				26:26																									26:26	26:26	1	
Hilton, Neil	M																													26:31	26:31	1	
Worsdell, Geoff	M										26:34																			26:34	26:34	1	
Stickley, John	M																													26:38	26:38	1	
Matthews, Terry	M																													26:40	26:40	1	
Sims, Andy	M																													26:48	26:48	1	
Bate, Ewan (junior)	M																														27:10	27:10	1
Kemp, Brian	M																													27:10	29:54	2	
Willoughby, Adrian	M																													27:11	27:11	1	
Chapman, Mark	M																													27:39	27:39	1	
Ward, Tim	M				30:02			28:03	27:48																					27:48	28:38	3	
Simpson Jones, Roger	M																													28:00	28:00	2	
Turrell, Clive	M																													28:05	28:05	28:05	2
Jacques, Anthony	M																													28:08	28:08	1	
Hatch, James	M																													28:14	28:14	30:42	6
McGee, Steve	M												28:26		33:04		30:36		30:43											28:26	28:26	1	
Foster, David	M						28:35																							28:35	28:35	1	
Richards, Tony	M																													29:18	29:18	30:29	4
Conroy, Philip	M																													28:45	28:45	1	
Richards, Chris	M																													29:18	29:18	31:33	3
Henley, Joff	M																													29:27	29:27	1	
Osborne, Steve	M																													29:40	29:40	1	
Evans, Neil	M																													30:23	31:46	2	
Maik, Omar	M																													31:37	31:37	1	
Thomas, Dave	M																													32:38	32:38	1	
Balchin, Phil	M																													33:53	33:53	1	
Gonslaves, Alex	M																													34:00	34:00	1	
Boltler, Garth	M																													34:55	34:55	1	
Marrett, Clive	M																													34:55	34:55	1	

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Lester, Marissa	F														27:56														27:56	27:56	1
Lorimer, Jess	F																					28:00							28:00	28:00	1
Simpson Jones, Katherine	F																						28:17					28:00	28:08	2	
Frackiewicz, Jo	F																					28:05						28:05	28:05	1	
Dugally, Emma	F																											28:32	28:32	1	
Gray, Toria	F						28:35																					28:35	28:35	1	
Bate, Cath	F																											29:02	29:13	2	
Shackleton, Jane	F		29:06		32:46	31:15		32:18								29:23	29:02											29:06	31:21	4	
Coles, Kirsten	F			30:35				29:08																				29:08	29:52	2	
Porter, Clare	F									29:10																		29:10	29:10	1	
Chapman, Sophie	F																										29:16	29:16	1		
Walker, Louise	F																											29:39	29:39	1	
Neave, Julie	F																		29:47									29:47	29:47	1	
Hobbs, Kate	F																										29:56	29:56	1		
Askew, Donna	F																											30:34	31:10	2	
Clark, Philly	F																											30:47	30:47	1	
Miron, Suzanne	F														30:47													30:47	30:47	1	
Durrant, Fiona	F														30:58													30:58	30:58	1	
Weight, Kerry	F														36:58													31:13	35:52	3	
Gascoigne, Esther	F																											31:32	34:41	1	
Aldridge, Lisa	F																											31:36	31:36	1	
Townsend, Carolyn	F																											31:38	31:38	1	
Dale, Jenny	F																											31:40	31:40	1	
Dale, Katie	F																											31:42	31:42	1	
Aman, Carolina	F																											31:45	31:45	1	
Sheridan, Mandy	F				32:04																							32:04	32:04	1	
Beavis, Lorraine	F																											32:34	32:34	1	
McGowan, Ellery	F																											32:34	32:34	1	
Harding, Kirsty	F																											32:36	32:36	2	
Harrison, Sarah	F																											32:40	32:40	1	
Stockelmayerova, Petra	F										32:50																	32:50	32:50	1	
Garner, Alma	F																											33:49	33:49	1	
Marrett, Sarah	F							34:54																				34:54	34:54	1	
Black, Gerry	F				35:00																							35:00	35:00	1	
Cook, Caroline	F				35:00																							35:00	35:00	1	
Shaw, Kim	F				35:00																							35:00	35:00	1	
Smith, Donna	F																											41:33	41:33	1	
Total Runners		8	16	18	29	30	23	26	23	25	11	26	29	25	29	30	36	30	42	31	42	43	33	43	59	39	30	43	16:16	23:10	
Total Male		6	11	10	17	21	15	18	17	17	8	23	25	26	20	21	25	29	24	20	23	30	25	23	33	42	29	25	32	21:57	
Total Female		2	5	8	12	9	8	8	6	8	3	3	1	3	5	8	7	6	22	8	12	18	10	10	17	10	5	11	23:02	27:56	